

GOT LEGS AND KNOWS HOW TO USE 'EM

Leg Details

- On the maps, you'll see a bunch of skinny blue lines; these are cross-trails, also known as: PLACES TO GET OFF COURSE, SO DON'T DO IT!!! PLEASE PAY ATTENTION TO THE COURSE MARKINGS AND SIGNAGE, you may enjoy the run more if you follow the course...
- Leg Maps (below) include a description of what you'll be running on as you navigate between exchanges.
- The course is segmented into "legs." Each leg starts and ends at an exchange.
- [Printable Leg Descriptions \(This Stuff\) \(PDF\)](#)

1. Stampede				View	Print
Fast and crowded blast across Hankerd over to Crooked Lake trail. Counter-clockwise Crooked Lake Trail with a couple of abrupt turns off wide trail onto a small trail. Dangerous road crossing on the approach back into Half Moon, watch the yellow caution tape & volunteers. Dog Drool (Trail Review): Pacing description, "Don't get hit by car, flat & fast, Up, blind turn, skinny & flat, blind turn, Down, blind turn, don't get hit, flat finish."					
Start	End	Length	Color	Climb	Difficulty
Half Moon	Half Moon	4.6	WHITE	+490/-490	2.3
Dangerous Road Crossings		Grunge		Wetness	Poison Ivy
2		Rocks & Rips		Dry	Minimal

2. Buttslider				View	Print
Exit from Half Moon around back of parking to the corner of the lot. Hard right along the park road, Relay 2 - PINK. PAY CLOSE ATTENTION. Into the woods and pop out to Very Dangerous road crossing! The texture of the Abyss depends on summer rain. Dog Drool: A little ditty, "It may be dry and you will fly. It may be muck and you will get stuck. It may be a wild ride and you will butt slide." From the off-trail, hard right onto Potto. Climb big ass hill before hard left onto small trail. Lots of fun in more off-trail until a smooth finish at Silver Lake.					
Start	End	Length	Color	Climb	Difficulty
Half Moon	Silver Lake	4.4	PINK	+490/-500	2.6

Dangerous Road Crossings	Grunge	Wetness	Poison Ivy
1	Crash & Burn	Moist	High

3. Rave Run

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Beginning and Ending are out and back so opposing runners are present. A face to face meeting in a blind turn could take an eye out. Watch Road Crossings. Dog Drool: A beautiful trail run. Some say harder than advertised.

Start	End	Length	Color	Climb	Difficulty
Silver Lake	Silver Lake	2.4	WHITE	+250-250	1.5
Dangerous Road Crossings	Grunge	Wetness	Poison Ivy		
2	Clean	Dry	Minimum		

4. Dirty Blond

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NEW ROUTE: Due to short distance of run, cars need to get moving. Fast teams may want to leave Leg 5 runner at HalfMoon. Quick Exit to Potto trail head and up to SilverHill road. Hard right-North on SilverHill on blue as splits from Leg 11-Pink. 100 feet by trail crossing sign left-West on new trail. Follow blue, ignore other colors. In middle it splits left from Leg 10-Green. Blonds will get dirty. Non-blonds may too. Dog Drool: "Lots of quick & sharp nonsensical turns, diabolical drops and sprightly adventures.

Start	End	Length	Color	Climb	Difficulty
Silver Lake	Half Moon	3.0	BLUE	+330/-340	2.2
Dangerous Road Crossings	Grunge	Wetness	Poison Ivy		
1	Everything	Moist unless it stops raining	Moderate		

5. Purgatory

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ROUTE REVISION. At corner of the parking lot, turn Left along the park road, Relay 5 -Yellow. Exit of park is Very dangerous road crossing. Watch closely for jump out off of Potto onto Kelly Road. Missing it would be a long mistake. New, longer route on horse trails late in the course. Watch 2-way traffic Team parking is in lot on East side of Cedar Lake. Walk across road into ranch and then north to grassy exchange.
Dog Drool, "Fast and easy trail and dirt road run. Except for the length and the horse remnants."

Start	End	Length	Color	Climb	Difficulty
Half Moon	Hell Creek Ranch	6.3	YELLOW	+430/-430	2.2
Dangerous Road Crossings		Grunge		Wetness	Poison Ivy
3		Horse Drops		Dry	Minimum

6. This Sucks

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ROUTE REVISION. Watch 2-way traffic. Finish at the Nielsen Ratings Ranch. Early ratings estimates from our exchange host James Nielsen is for record viewership especially in the adult mud up to their ass demographic. Warning: The shoe and human wash zone offered by Pinckney cross-country teams could be R-rated. BRING \$.

New exit from hell creek ranch, new route to Monks road and onto horse trails. Revised nonsense through swamp. Use buddy system. Dog Drool: "We removed the paint on trees so who knows where Yellow Dog & Swamp Dog will take you through this mess!"

Start	End	Length	Color	Climb	Difficulty
Hell Creek Ranch	Nielsen's Rating	5.0	BLUE	+350/-340	3 (due to swamp)
Dangerous Road Crossings		Grunge		Wetness	Poison Ivy
1 gravel road		Everything		Wet	Extreme + Stinging Nettle

7. Nookin' Futs

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Start & Finish are at Nielsen's Ranch. Swedish runner who wondered, "What kind of "sadistic dirtbags made this?" Dat evil is Nuckin Futs!" Dog Drool, "Hard couple of hills and exquisite mud bath (no extra charge). You're welcome." Oh, bring tip \$ for the human wash by the Pinckney cross-country team

Start	End	Length	Color	Climb	Difficulty
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Neilsen's Rating	Neilsen's Rating	2.9	WHITE	+270/-270	at least 2.5
Dangerous Road Crossings		Grunge		Wetness	Poison Ivy
0		Everything		Wet	Extreme + Stinging Nettle

8. Stripper Pole

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Start is at Nielsen's. Make momma proud sliding down the Stripper Pole. Dirt Ladder climb will be forgotten when you get whiplash in the zig zags. Dog Drool: "It started out as the flattest leg in the race but not now. Honestly, we make this thing hillier every year and nobody complains. Huh, what, oh, I thought that was a compliment"

Start	End	Length	Color	Climb	Difficulty
Neilsen's Rating	Hell Creek Ranch	4.2	PINK	+450/-450	2.7
Dangerous Road Crossings		Grunge		Wetness	Poison Ivy
1 gravel road		Chutes & Ladders		Dry	Medium

9. Styx, River of Death

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The path to Hell is the river of death, Styx. Your tormented soul is ours. Watch 2-way traffic. Multiple river crossings and river run with dangerous river rocks and holes. Life jacket or swim wings optional. Keep moving as there is NO EXCHANGE IN HELL; go all the way to Silver Lake. Dog Drool, "Flat and wet to Hell. Hilly and dry out of Hell."

Start	End	Length	Color	Climb	Difficulty
Hell Creek	Silver Lake	5.8	PINK	+620/-630	3.1
Dangerous Road Crossings		Grunge		Wetness	Poison Ivy
0		River, Butt Slider, Rocks		Maximum	Medium

10. Naked Woodchopper

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NEW ROUTE: Quick Exit to Potto trail head and up to SilverHill road. Hard right-North on SilverHill on green as splits from Leg 11-Pink. New hill climb and Topo features. In middle, splits with Leg 4-Blue. Dog Drool: One year at 7:45 am Scotty Dog heard a woodchopper up the trail just before the relay runners were to arrive. He went to warn him but was stunned to see the woodchopper was buck naked. He stealthily exited and informed the other dogs. The rest of the day our phones were filled with lines like "Frying Bacon", Eating S'mores, and other moronic acts to do naked.

Start	End	Length	Color	Climb	Difficulty
Silver Lake	Silver Lake	2.6	GREEN	+/- 210	2.1
Dangerous Road Crossings		Grunge		Wetness	Poison Ivy
2 dirt roads		mostly clean		Mostly dry	Minimum

11. Poto

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Long, steady power run on the famous Pottawatomi trail. Watch for bikes at your back. Splits from Leg 4-Blue and Leg 10-Green early at SilverHill Rd. Switches over to Silver Lake trail for a nice view of Pickerel Lake and then onto Crooked Lake Trail. Dog Drool, "Miles of hilly, rugged trails Watch the geo-web as it snags & trips like a bear trap. "

Start	End	Length	Color	Climb	Difficulty
Silver Lake	Half Moon	6.0	PINK	+590/-610	2.7
Dangerous Road Crossings		Grunge		Wetness	Poison Ivy
2		Rocks		Dry	Minimum

12. Be Prepared (Part1: Run together with leg 13)

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At the corner of the parking lot, turn LEFT. DO NOT follow Ultra PINK to the right. Potto from Half Moon west to huge trail sign, turn right out to Bartell Rd. Take aid at when you get to Bartell; you've still got over 3 miles to go on your journey.

Start	End	Length	Color	Climb	Difficulty
Half Moon	Goodband Hole	4.0	PINK	+310/-280	1.6
Dangerous Road Crossings		Grunge		Wetness	Poison Ivy
1		None		Dry	Moderate

13. Vertigo (Part 2: Run together with leg 12)

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The Vertigo we all know & love. The recipe is a stock of nasty downhills, nice trails, sunny dirt roads, and steep hill climbs. Add a splash to top it off. Ultra and Relay may vary at the end.

Dog Drool: "Can be brutally hot this late in the day. Stay hydrated and cool off at the exchange pond and shower.

Start	End	Length	Color	Climb	Difficulty
Goodband Hole	The Farm	3.2	PINK	+690/-650	4.0
Dangerous Road Crossings		Grunge		Wetness	Poison Ivy
2 plus some gravel roads		Slammers		Wet	Medium

14. Oh, Brother, Where are thou?

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Leave the cows at Farmer Johns, and feel like you're on the lam. Careen through the fields and woods like the hounds are at your heels. Decide if it's best to go over, under, or through the fences. Prison escapees don't have blazed trails to follow, and neither do you. Get out of sight as you sink into the muck between the cattails. Shake the dogs off your scent when you make a splash as you return to Farmer John's. You finish where you started, hopefully you're fast enough to make bed check.

--Leg description by Mike Leary! Thanks, Mike!

Start	End	Length	Color	Climb	Difficulty
The Farm	The Farm	1.8 (more or less)	WHITE	+/- 240	2
Dangerous Road Crossings		Grunge		Wetness	Poison Ivy
0		Swamp		Wet	Moderate

15. Don't Get No Better: Glory!

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A few more hills for your enjoyment. Grab a drink at the Aid station along the way (not just for Ultra). Careful attention to turns as some are sharp and bad time to go off course. Merges with ultra 50k leg for last ¾ mile on the Crooked Lake Trail. Relay finishes on right hand side, Ultras left. Dog Drool: "Thanks for participating."

Start	End	Length	Color	Climb	Difficulty
The Farm	Half Moon	6.2	PINK	+470/-550	2.8
Dangerous Road Crossings		Grunge		Wetness	Poison Ivy
2		Rocks		Dry	Low